

# Diabetes Care 2011

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This program is a fast-paced information packed day for health care providers. Content will be beneficial to nurses, pharmacists, dietitians, therapists, patient care assistants, community workers and others. Our participants will learn about the latest guidelines, the latest science and practical clinical therapy. Our presentations will include: diagnosis, education, management goals, medications, nutrition, exercise, mental health issues and risk reduction methods to detect and treat related complications. Geriatric and longterm care issues will be a special focus as well.

## Objectives:

Participants will be able to:

1. Describe the trends in disease development
2. Identify one key resource for current guidelines
3. List the goals of nutrition therapy
4. Discuss the basics of diabetes patient education
5. List the actions of the oral medications available
6. Describe patterns that indicate a need for change in insulin
7. Differentiate between education and behavior counseling
8. Discuss the tests needed to screen for disease complications
9. Identify special risks to the elderly with diabetes

8:30-9:00	Registration
9:00- 10:30	Diabetes in America: pathology, progression and public health The Goals of Care: prevention and treatment guidelines
10:30-10:45	Break
10:45-12:00	Treatment Methods: nutrition, activity, education basics
12:00-12:30	Lunch
12:30-2:00	Treatment Methods: Insulin and oral medications
2:00-2:15	Break
2:15-4:00	Helping people change Reducing risks of complications: screening and foot care Our aging population: special needs of elders